## **Firstsite** Create at Home

### What is finger knitting?

Finger knitting is an easy way of knitting a rope like structure. When you have a long rope of finger knitting you can use it for a variety of things such as a scarf, or you can sew ropes together to create anything from a rug to a hat. This activity is suitable for all ages, but younger children may require some help using scissors.

### Materials you will need:

Any kind of wool, string or strips of fabric that you can find at home

Scissors

Your own hand

# Finger Knitting

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## How to Finger knit:

1) Take your wool and lightly tie it to your thumb.

2) Now spread your fingers and loop the wool behind your index finger, in front of your middle finger, behind your ring finger and around your little finger.

3) And now back the other way - in front of your ring finger, behind your middle finger and in front of your index finger.

4) Then one more time - loop the wool behind your index finger, in front of your middle finger, behind your ring finger and around your little finger.

5) And now back the other way - in front of your ring finger, behind your middle finger and in front of your index finger. There should now be two loops around each finger.

6) Pull the bottom loop over the top loop and behind your finger. Continue on each finger keeping the wool nice and tight.

7) Now continue looping the wool, pulling the wool over your fingers each time you have two loops on each, creating a long knitted rope structure on the back of your hand.

8) When you have reached the desired length, pull the wool to make a knot, or feed the end of the wool under the loops on each finger so it won't come undone.

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